

Faiza Rais-Reynolds, MD, was born in Multan, Pakistan where she attended Nishtar Medical College and received her MD degree. At graduation she was awarded highest honors, receiving a gold medal in Biochemistry and Pathology. In addition she was Valedictorian of her medical school class and received the Best Graduate Award!

Dr. Rais-Reynolds did her Family Medicine residency at Saint Francis Hospital in Memphis, Tennessee and became Board Certified in Family Medicine. She joined Blue Ridge Medical Group in 2009, practicing in Elkin and Dobson. Both locations certainly feel lucky to have such a hardworking physician with such a prestigious background.



Dr. Rais' practice includes taking care of the entire family, from birth to end of life; cradle to grave. She provides both acute and preventive care for children (including well baby care), adolescents, men and women, and the elderly. She performs minor procedures in the office including, but not limited to, skin biopsies, lesion removal, women's health, pap smears, contraception counseling, STD counseling, joint injections, draining of abscesses and small wound care.

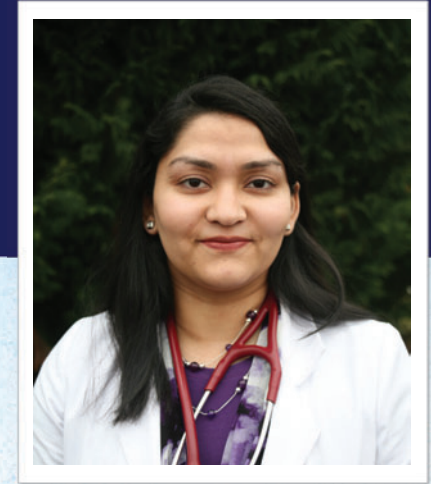
Dr. Rais is accepting new patients in both Dobson and Elkin offices of Blue Ridge Medical Group. She offers out-patient care and also sees patients in the hospital. Blue Ridge participates in most major insurance plans, including Medicare and Medicaid. Dr. Rais is a very talented and knowledgeable physician and an excellent addition to our community.

Dr. Rais-Reynolds resides in the local area with her husband, David, and seven year old son, Humza. She enjoys spending time with her family, shopping and homemaking. Make your appointment today to see this energetic physician—she can take care of your entire family.

Visit our website
www.blueridgemd.com

Blue Ridge Medical Group
111 N. Comer Street
Dobson, NC 27017

BLUE RIDGE MEDICAL GROUP



Faiza Rais-Reynolds, MD

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What is Family Medicine?

Family Medicine provides comprehensive and continuing health care for families and individuals of all ages. It is based on knowledge of the patient in the context of family and the community, emphasizing health promotion and prevention of disease.

Family Medicine physicians must successfully complete an accredited 3 year residency in the U.S. in addition to their medical degree. They then must pass an examination in order to become board certified. The American Board of Family Medicine requires maintenance certification via continuing education, chart audits and retaking of the board exam every 7-10 years. Nearly 1 in 4 off all office visits are made to Family Physicians. They provide more care for underserved and rural populations than any other medical specialty.

Why should I select Dr. Rais for my Family?

Dr. Rais is Board Certified in Family Medicine, and in practice since 2009. She is energetic, pleasant and trained to treat all ages of patients! You can feel confident in being cared for by the highest quality of physician, with a personal and gentle touch. She is welcoming new patients and accepts most Insurance including Medicare and Medicaid.



An Ounce of Prevention.....

The purpose of preventive medicine is to avoid the development of disease. It is the proactive approach to medical care. Examinations, treatments and advice are performed/given in order to prevent illness or discover it before it becomes more serious. Examples include screening mammograms, pap smears, vaccinations, PSA (Prostate Specific Antigen) testing, blood pressure checks, cholesterol screening, colonoscopy and other types of screenings.

Many cancers may be cured if detected early. Many complications from certain diseases may be avoided if the problems are identified early and treated. Come in today for a complete physical and health maintenance recommendations based on your age and gender.

*dedication
experience
availability*

Did you know?

- Heart disease is the leading cause of death for both men and women.
- Other top causes include: cancer, stroke, chronic lower respiratory diseases, diabetes, influenza and pneumonia, all of which can be prevented.
- You can prevent or delay the onset of type 2 diabetes mellitus through a healthy lifestyle.
- Smoking is the leading cause of COPD. Symptoms develop slowly so people may be unaware that they are sick.
- There is an immunization that prevents the most common form of bacterial pneumonia.
- For most people making a few healthy lifestyle decisions will greatly reduce or eliminate preventable risk factors for disease.

- * Avoid all tobacco usage in any form.
- * Avoid or use alcohol in moderation.
- * Maintain a healthy weight.
- * Exercise regularly.
- * Eat a healthy diet.

All of our physicians and mid-level providers, whether Family Medicine, Internal Medicine, Cardiology or Pulmonology, will be glad to assess your risks and make recommendations to help you modify your lifestyle to reduce disease risk factors.

What do other patients say about Dr. Rais?

That she is a good listener, takes time with each patient, very nice and comfortable to be around, understands what you are going through, a 3 year old “thinks she is really nice!”, good with kids and kids love her!

Trust Your Health to the Finest Care!

Visit our offices in Elkin and Dobson

Committed to Excellence!