Tamas Soos, MD, was born and raised in Hungary where he earned his medical degree at Semmelweis University Medical School in Budapest in 1994. He moved to the United States and completed a Master of Science in Health Services Administration in Buffalo, New York, in 1996 followed by completion of a residency in Internal Medicine in 1999 at State University of New York in Buffalo, NY. Dr. Soos furthered his medical training by completing a Fellowship in Geriatric Medicine at State University of New York in 2000.

Dr. Soos moved to North Carolina and joined Blue Ridge Medical Group in Elkin in July of 2000. He is Board Certified in Internal Medicine and Geriatric Medicine. He sees patients in the office in Elkin, at the Wound Care Center at Hugh Chatham Memorial Hospital and in area nursing homes.

Dr. Soos and his wife Judit reside in Elkin and have three children attending the local schools. They are very involved in local school activities and sports such as tennis, soccer, jogging, trail running and skiing. Dr. Soos also enjoys travel and spending his free time with his family.

Did you know Dr. Soos is...

- Welcoming new patients
- Accepting most insurance, including Medicare and Medicaid
- Available for same day appointments
- Associated with Blue Ridge Medical Group physicians who will see you in the hospital for continuity of care
- Associated with Blue Ridge Medical Group specialists for quick referrals if you need them!
What is an Internal Medicine physician?

Internal medicine is the medical specialty dealing with the prevention, diagnosis and treatment of adult diseases. **Physicians specializing in internal medicine are called Internists.** Dr. Soos cares for ambulatory patients (out-patients) acting as their primary care physician. In addition to preventive medicine, internists are trained to manage serious and complex illnesses for all ages of adult patients.

Why should I select an Internist as my doctor?

Internists receive additional training beyond medical school, typically three years, in order to achieve Board Certification in internal medicine. This additional training includes conditions of the heart, endocrine system, digestive system, blood, infectious disease, kidney, lungs/respiratory, geriatric medicine and many other conditions affecting adults.

What is Geriatrics?

Geriatrics is an area of medicine dealing with elderly patients. The main goals of geriatrics are to promote the health of the elderly and to prevent and treat diseases they may encounter.

A **doctor who specializes in Geriatrics is called a Geriatrician.** The job of a Geriatrician can be quite demanding as elderly patients tend to have unique health concerns, with many health issues occurring at one time in a patient. In addition elderly patients often react differently than younger patients when they become ill. Therefore a Geriatrician must create a health plan that addresses all these unique needs. In the US it is necessary for a doctor to be board-certified in Internal Medicine to specialize in Geriatrics. The doctor must undergo additional training in order to receive certification in Geriatrics.

Why is it important to be Board Certified?

Board Certification means that the doctor has completed specialist training in Internal Medicine and has passed the board exam for certification with the American Board of Internal Medicine. Continuing medical education is a requirement to keep board certification. This sets the standard for excellence in the practice of Internal Medicine and is the “Gold Standard” of the profession as the physician has achieved the highest levels of education.

Why is Dr. Soos a good choice for my doctor?

Dr. Soos is Board Certified in Internal Medicine by the American Board of Internal Medicine. He has been in practice since 1999 so in addition to his training he has years of experience to offer each patient. Dr. Soos is known for his excellent relations with patients, his ability to listen and his quiet thoughtful personality. Dr. Soos has a reputation with patients as being a very caring physician with an excellent record of practicing high quality comprehensive medicine.

As an internist he works with younger adults encouraging them to lead a healthy lifestyle and with older patients he has the knowledge and experience to handle the issues of aging. Make your appointment today to see Dr. Soos! He is accepting new patients and accepts most private insurance and Medicare.

Why do other patients say about Dr. Soos?

Patients say that Dr. Soos is very kind and caring and speaks with a soft, gentle voice. They say he is easy to work with and is very thoughtful with his answers. Patients come to see him because of how well he shows concern for and takes care of their elderly parents.